

12 Steps of N.A.

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory, and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts and to practice these principles in all our affairs.

What is the Narcotics Anonymous program? N.A. is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

12 Traditions of N.A.

1. Our common welfare should come first; personal recovery depends upon N.A. unity.
2. For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or N.A. as a whole.
5. Each group has but one primary purpose — to carry the message to the addict who still suffers.
6. An N.A. group ought never endorse, finance or lend the N.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every N.A. group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. N.A. as such ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. N.A. has no opinion on outside issues, hence the N.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Meeting Codes

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|----------------|--|-----------|-----------------------|
| C | Closed Meeting; for addicts only | SP | Speaker Meeting |
| O | Open Meeting; all are welcome; non-addicts are asked to participate by listening | SS | Step Study |
| W | Women's Meeting | LS | Literature Study |
| M | Men's Meeting | Tr | Traditions Meeting |
| GL | Gay/Lesbian Meeting | TS | Text Study |
| D | Discussion | H | Wheelchair Accessible |
| Q&A | Question-and-Answer | | |
| SH | Share | | |

Area Service Committee

Second Sunday of the month, 2 p.m.
Streams in the Desert Lutheran Church
5360 E. Pima St. (s. of Pima, w. of Craycroft)

Activities Sub-Committee

Third Wednesday of the month, 7:30 p.m.
Starbucks, 3025 E. Speedway (@ Country Club)

Hospitals & Institutions Sub-Committee

Second Sunday of the month, 12:30 p.m.
Streams in the Desert Lutheran Church
5360 E. Pima St. (s. of Pima, w. of Craycroft)

Literature Sub-Committee

Third Tuesday of the month, 6:30 p.m.
Eckstrom-Columbus Library, Columbus & 22nd St.

Mount Lemmon Bash Sub-Committee

Second Sunday of the month, 10 a.m.
Coffee XChange, Grant & Campbell

Newsletter Sub-Committee

Second Wednesday of the month, 6 p.m.
Starbucks, Grant & Swan

Outreach Sub-Committee

Meet half-hour prior to the monthly outreach road trip,
Starbucks, Grant & Swan

Phoneline Sub-Committee

Saturday before Area Service, 10 a.m.
Starbucks, Country Club & Speedway

Public Relations Sub-Committee

Second Sunday of even-numbered months, 12:30 p.m.
Streams in the Desert Lutheran Church
5360 E. Pima St. (s. of Pima, w. of Craycroft)

Webservant Sub-Committee

Third Monday of the month, 7:30 p.m.
Ike's, 3400 E. Speedway Blvd., #121

Arizona Regional Service Committee Meeting

12 Noon, 3rd Sunday of odd-numbered months
St. Luke's Hospital, 1800 E. Van Buren Street, Phoenix, 85006

Please check the website (www.natucson.org) for changes in meeting times or places.

To leave a message for sub-committee chairpersons or to check for changes in the sub-committee meeting times and places, please call the Help Line (520-881-8381).



Southeastern Arizona Area Meeting List

includes meetings in

Tucson, Bisbee, Douglas, Morenci, Pima, Safford,
Sahuarita, San Manuel & Sierra Vista

also

Mexico: Agua Prieta, Hermosillo, Nogales & Puerto Peñasco

N.A. Help Line

520-881-8381

Southeastern Arizona Area

P.O. Box 44081

Tucson, AZ 85733

Area Website: www.natucson.org

Meeting Schedule For

NOVEMBER 2011

A listing in this directory does not imply endorsement of or affiliation with any of the facilities where Narcotics Anonymous meetings are held.

TUCSON

Sunday

8:30 a.m., Sunday Morning Stick Around (O)
Hope Inc. Nueva Luz Center, 1200 N. Country Club Rd.
11 a.m., Spirituality Share (O/D/H/Sm)
Fort Lowell Park Duck Pond, Fort Lowell & Craycroft

3 p.m., Living Clean (O/D/SP/H)
Cmty. Room, Glenstone Village Apts., 2835 N. Stone Ave.

6:30 p.m., Reality on the Floor (O/SH/D/H)
St. Francis in the Foothills Church, 4625 E. River Rd. (@ Swan Blvd.)

7-8:15 p.m., Newcomer's Meeting (O/D/SS/Q&A)
UMC Dining Room E, 1501 N. Campbell (last Sunday, speaker mtg.)

Monday

6:30 a.m., Sunrise Serenity (O/D)
1735 N. Alvernon Way, under ramada

12 Noon, Midtown Nooners (O/D)
First United Methodist Church, 915 E. Fourth St.*

12:15 p.m., Not High Noon (O/SH/D)
Streams in the Desert Lutheran Church
5360 E. Pima St. (s. of Pima, w. of Craycroft) Meeting Rooms B&C

6-7:15 p.m., Keep It Green (O/D/LS)
Hope Inc. Nueva Luz Center, 1200 N. Country Club Rd.

6 p.m., High on Life (O/D/Sm)
Pima Alano Club Annex, 4405 E. Pima St.

6:15 p.m., Miracles in the Hood (O/D)
Turn Your Life Around Recovery Center, 1109 W. Prince Road, Suite 111

6:30 p.m., Regardless Of... (O/GL)
Trinity Presbyterian Church, 400 E. University Blvd. (upstairs)

6:30 p.m., Change is Possible (O/D)
St. Andrew's Presbyterian Church, 7650 N. Paseo Del Norte (@ Chapala)
Around parking lot to back of building in "Garden Room"

7:30 p.m., Young People's Meeting (O/SH)
First United Methodist Church, 915 E. Fourth St.
Medallion Meeting, last Monday of the month

8 p.m., Never Too Late (O/LS/H)
American Lutheran Church, 115 N. Tucson Blvd.

Tuesday

12 Noon, Midtown Nooners (O/D)
First United Methodist Church, 915 E. Fourth St.*

12:15 p.m., Not High Noon (O/SH/D)
Streams in the Desert Lutheran Church
5360 E. Pima St. (s. of Pima, w. of Craycroft) Meeting Rooms B&C

6 p.m., Before Relapse (O/SH)
Palo Verde Church of Christ, 651 S. Kolb Rd. (park n. side of church)

6 p.m., Armory Park Candlelight (O/SH/H)
Armory Park Center, 220 S. Fifth Ave.

6:30 p.m., Brothers in Recovery (C/M/SH)
Jewish Community Center, 3800 E. River Rd., Library, 2nd floor

7 p.m., Mi Casa, Su Casa (O/D/Bilingual)
El Pueblo Neighborhood Ctr, 101 W. Irvington #5B

7 p.m., Northwest New Beginnings (O/D)
3885 E. Golder Ranch Rd. (behind Fire Station in Training Center)

7:30 p.m., Recovery & Relapse (O/D/H)
Palo Verde Church of Christ, 651 S. Kolb Rd. (park n. side of church)

Wednesday

12 Noon, Midtown Nooners (O/SS/Tr)
First United Methodist Church, 915 E. Fourth St.*

12:15 p.m., Not High Noon (O/SH/D)
Streams in the Desert Lutheran Church
5360 E. Pima St. (s. of Pima, w. of Craycroft) Meeting Rooms B&C

6-7:15 p.m., Keep It Green (O/D/LS)
Hope Inc. Nueva Luz Center, 1200 N. Country Club Rd.

6:30 p.m., Serenity Sisters (O/W)
American Lutheran Church, 115 N. Tucson Blvd.

8 p.m., Alive & Free (O/Tr)
American Lutheran Church, 115 N. Tucson Blvd.

Thursday

12 Noon, Midtown Nooners (O/D)
First United Methodist Church, 915 E. Fourth St.*

12:15 p.m., Not High Noon (O/SH/D)
Streams in the Desert Lutheran Church
5360 E. Pima St. (s. of Pima, w. of Craycroft) Meeting Rooms B&C

5:45 p.m., Band of Brothers (C/M/SH)
Mostly Books, 6208 E. Speedway (Monterey Village)

6:30 p.m., The Northside Meeting (O/D)
Church of Christ, 2425 W. Ina Rd. (corner of Ina & Mona Lisa Dr.)

6:30 p.m., Regardless Of... (O/GL)
Trinity Presbyterian Church, 400 E. University Blvd. (upstairs)

7:15 p.m., Mi Casa, Su Casa (O/D/Bilingual)
El Pueblo Neighborhood Ctr, 101 W. Irvington #5B

7:30 p.m., Young & Alive (O/SS)
First United Methodist Church, 915 E. Fourth St.

8 p.m., Fireside Meeting (O/D/H)
Paxton House, 1626 N. Richey (s. of Pima, e. side of Richey)

Friday

12 Noon, Midtown Nooners (O/D)
First United Methodist Church, 915 E. Fourth St.*

12:15 p.m., Not High Noon (O/SH/D)
Streams in the Desert Lutheran Church
5360 E. Pima St. (s. of Pima, w. of Craycroft) Meeting Rooms B&C

6 p.m., Keep It Green (O/D/LS)
Hope Inc. Nueva Luz Center, 1200 N. Country Club Rd.

7 p.m., Circle of Sisters (O/W/SS/H)
In Balance, 6107 E. Grant Rd. (enter at Old Farm Apts., 2nd street turn left)

7 p.m., Underground Unity (O)
First United Methodist Church, 915 E. Fourth St.

7:30 p.m., Keep the Light On (O)
Hope Inc. Nueva Luz Center, 1200 N. Country Club Rd.

Saturday

8:30 a.m., Saturday Morning Serenity (O,D,H)
Hope Inc. Nueva Luz Center, 1200 N. Country Club Rd.

12 Noon, Midtown Nooners (O/D)
First United Methodist Church, 915 E. Fourth St.
(Use north 2 rows of church parking lot)

12:15 p.m., Not High Noon (O/SH/D/H)
Streams in the Desert Lutheran Church
5360 E. Pima St. (s. of Pima, w. of Craycroft) Meeting Rooms B&C

6 p.m., Twilight Group (O/D/H)
Hope Inc. Nueva Luz Center, 1200 N. Country Club Rd.

7:30-8:45 p.m., Saturday Night Miracles (O/D/H)
Hope Inc. Nueva Luz Center, 1200 N. Country Club Rd.

BISBEE

Tuesday & Friday

7 p.m., Mile High Group (L/S)
Bisbee Community Y, 26 Howell Avenue

DOUGLAS

Friday

7 p.m., 749 11th St. (O/D/H)

Saturday

8 p.m., 749 11th St. (O/D/H)

MORENCI

Tuesday

6:30 p.m., We Came to Believe (O)
172 Morenci Shopping Plaza, Basha's Upstairs

PIMA

Thursday

4:45 p.m., Safford Survivors Newcomers Meeting (O)
Pima High School, Rm. 208, 131 S. Main St.

SAFFORD *(<http://saffordna.org/>)*

Sunday

7 p.m., Safford Survivors (O/TS/H)
First Christian Church, 1726 1st Ave. (Hwy. 191)

Monday, Tuesday & Wednesday

6 p.m., Safford Survivors (O/SH/D)
United Methodist Church, 10th Ave. & 10th St.

SAHUARITA

Monday, Wednesday & Friday

6:30-7:45 p.m., Sahuarita Serenity Group (O/D)
Sahuarita Baptist Church, 2875 E. Sahuarita Rd.

MEXICO *(meetings in Español)*

AGUA PRIETA

Sunday

12 noon, Grupo Hazlo Simple (Keep It Simple Group)
Calle Primero (1st St.) & Avenida 10 (10th Ave.)

Monday-Saturday

7 p.m., Grupo Hazlo Simple (Keep It Simple Group)
Calle Primero (1st St.) & Avenida 10 (10th Ave.)

7:30 p.m., Grupo Rendirse para Ganar (Surrender to Win Group)
Calle 9 & Avenida 22

HERMOSILLO

Monday-Friday

8-9:30 p.m., Grupo Limpio y Sereno (Clean & Serene Group)
Matamoros #19 Sur (Altos) near Hermenegildo Rangel

Saturday & Sunday

6:30-8 p.m., Grupo Limpio y Sereno (Clean & Serene Group)
Matamoros #19 Sur (Altos) near Hermenegildo Rangel

SAN MANUEL

Thursday

6 p.m., Birds Eye View (O/D)
23 McNabb Pkwy. (behind Sunlife Medical Clinic)

SIERRA VISTA

Sunday

3 p.m., Sunday Afternoon Serenity (O/D)
St. Andrew the Apostle Catholic Church, 800 Taylor Dr.
(off of Tacoma & Carmichael)

Monday

6:30 p.m., Just For Today Group (O/D/Sm)
St. Paul's Missionary Baptist Church
(s.e. corner of Carmichael & Theater, upstairs)

Tuesday

7:30 p.m., It's in The Book (O/TS/H)
Good Neighbors Alliance, 420 N. 7th St.

Wednesday

7 p.m., No Matter What (O)
Oscar Yrun Community Center, 3020 E. Tacoma (closed on holidays)

Thursday

5:30 p.m., Just For Today Group (O/SS)
St. Paul's Missionary Baptist Church
(s.e. corner of Carmichael & Theater, upstairs)

Friday

6 p.m., Willing to Change (O/W)
St. Andrew the Apostle Catholic Church, 800 Taylor Dr.
(off of Tacoma & Carmichael) women's meeting

7:30 p.m., We Do Recover (C/SH)
St. Andrew the Apostle Catholic Church, 800 Taylor Dr.
(off of Tacoma & Carmichael)

Saturday

7:30 p.m., We Do Recover (C/D)
St. Andrew the Apostle Catholic Church, 800 Taylor Dr.
(off of Tacoma & Carmichael)

NOGALES

Sunday

1 p.m., Grupo Como Llegar a Casa (Way Home Group)
Porfirio Diaz #138 (between Obregon & Ingenieros)

Monday-Saturday

6 p.m., Grupo Como Llegar a Casa (Way Home Group)
Porfirio Diaz #138 (between Obregon & Ingenieros)

PUERTO PEÑASCO (ROCKY POINT)

Sunday

11 a.m., Grupo Un Nuevo Comienzo
Melchor Ocampo St. & Niños Heroes #192

Monday-Saturday

8 p.m., Grupo Un Nuevo Comienzo
Melchor Ocampo St. & Niños Heroes #192

Monday-Sunday

8 p.m., Grupo Valor Para Cambiar
Lazaro Cardenas St. & Blvd. Josefa O. DeDomingez

* Use north 2 rows of church parking lot