

12 Steps of N.A.

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory, and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts and to practice these principles in all our affairs.

12 Traditions of N.A.

1. Our common welfare should come first; personal recovery depends upon N.A. unity.
2. For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or N.A. as a whole.
5. Each group has but one primary purpose — to carry the message to the addict who still suffers.
6. An N.A. group ought never endorse, finance or lend the N.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every N.A. group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. N.A. as such ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. N.A. has no opinion on outside issues, hence the N.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Meeting Codes

C	Closed Meeting; for addicts only	SS	Step Study
O	Open Meeting; all are welcome; non-addicts are asked to participate by listening	Sm	Smoking Meeting
W	Women's Meeting	LS	Literature Study
M	Men's Meeting	Tr	Traditions Meeting
GL	Gay/Lesbian Meeting	TS	Text Study
D	Discussion	H	Wheelchair Accessible
Q&A	Question-and-Answer		
SH	Share		
SP	Speaker Meeting		

Area Service Committee

First Sunday of the month, 2 p.m.
Marshall Auditorium, Tucson Medical Center
5301 E. Grant Rd. (entrance on east side)

Activities Sub-Committee

Third Wednesday of the month, 6 p.m.
Crave Espresso Bar, 4530 E. Broadway

Hospitals & Institutions Sub-Committee

First Sunday of the month, 12:30 p.m.
Mesquite/Tumbleweed Room, Tucson Medical Center
5301 E. Grant Rd. (entrance on east side)

Public Relations Sub-Committee

See website for meeting information
Dusenberry Branch Library, River & Craycroft

Phoneline Sub-Committee

Third Saturday of the month, 10 a.m.
Starbucks, Country Club & Speedway

Outreach Sub-Committee

Meet half-hour prior to the monthly outreach road trip,
Starbucks, Grant & Swan

Newsletter Sub-Committee

First Wednesday after Area Service, 6:30 p.m.
Starbucks, Grant & Swan

Webervant Sub-Committee

Third Thursday of the month, 7 p.m.
Ike's, 3400 E. Speedway Blvd., #121

Mount Lemmon Bash Sub-Committee

Second Sunday of the month, 10 a.m.
Coffee XChange, Grant & Campbell

Arizona Regional Service Committee Meeting

12 Noon, 3rd Sunday of odd-numbered months
St. Luke's Hospital, 1800 E. Van Buren Street, Phoenix, 85006

Please check the website (www.natucson.org) for changes in meeting times or places.

To leave a message for sub-committee chairpersons or to check for changes in the sub-committee meeting times and places, please call the Help Line (520-881-8381).



Southeastern Arizona Area Meeting List

includes meetings in
Tucson, Benson, Bisbee, Douglas,
Morenci, Safford, Sahuarita,
San Manuel & Sierra Vista

also

Mexico: Agua Prieta, Nogales,
Hermosillo & Puerto Peñasco

N.A. Help Line

520-881-8381

Southeastern Arizona Area

P.O. Box 44081

Tucson, AZ 85733

Area Website: www.natucson.org

Meeting Schedule For

MARCH 2010

A listing in this directory does not imply endorsement of or affiliation with any of the facilities where Narcotics Anonymous meetings are held.

What is the Narcotics Anonymous program? N.A. is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

TUCSON

Sunday

8:30 a.m., Sunday Morning Stick Around (O)
236 S. Tucson Blvd.

11 a.m., Spirituality Share (O/D/H/Sm)
Fort Lowell Park Duck Pond, Fort Lowell & Craycroft

7 p.m., Reality on the Floor (O/SH/D/H)
St. Francis in the Foothills Church,
4625 E. River (at Swan Blvd.)

7 p.m., Newcomer's Meeting (O/D/SS/Q&A)
UMC Dining Room E, 1501 N. Campbell

7:30 p.m., Honestly Willing (C/D/H)
Northwest Alano Club,
3120 W. Curtis Rd., (Davis & Curtis)

Monday

12 Noon, Midtown Nooners (O/D)
Quaker Meeting House, 931 N. Fifth Ave.

12:15 p.m., Not High Noon (O/SH/D/H)
Mostly Books, 6208 E. Speedway (Monterey Village)

4 p.m., Miracles in the Hood (O/D)
1109 W. Prince Road, Turn Your Life Around Bldg.

6 p.m., Keep It Green (O/D/LS)
236 S. Tucson Blvd.

6 p.m., High on Life (O/D/Sm)
4405 E. Pima

6:30 p.m., Regardless Of... (O/GL)
Trinity Presbyterian Church,
400 E. University Blvd. (at 4th Ave.) (all are welcome)

7:30 p.m., Young People's Meeting (O/SH/H)
First United Methodist Church,
Park Ave. & Fourth St.

8 p.m., Never Too Late (O/LS/H)
236 S. Tucson Blvd.

Tuesday

12 Noon, Midtown Nooners (O/D)
Quaker Meeting House, 931 N. Fifth Ave.

12:15 p.m., Not High Noon (O/SH/D/H)
Mostly Books, 6208 E. Speedway (Monterey Village)

6 p.m., Before Relapse (O/SH)
Palo Verde Church of Christ
651 S. Kolb Rd. (park n. side of church)

6 p.m., Armory Park Candlelight (O/SH/H)
Armory Park Center, 220 S. Fifth Ave.

6:30 p.m., Brothers in Recovery (C/SS/Mdt/D/SP)
Jewish Community Center, 3800 E. River Rd.,
Library, 2nd floor

7 p.m., Northwest New Beginnings (O/D)
3885 E. Golder Ranch Rd.
(behind Fire Station in Training Center)

7:30 p.m., Recovery & Relapse (O/D/H)
Palo Verde Church of Christ
651 S. Kolb Rd. (park north side of church)

Wednesday

12 Noon, Midtown Nooners (O/SS/Tr)
Quaker Meeting House, 931 N. Fifth Ave.

12:15 p.m., Not High Noon (O/SH/D/H)
Mostly Books, 6208 E. Speedway (Monterey Village)

6 p.m., Keep It Green (O/D/LS)
236 S. Tucson Blvd.

7:30 p.m., Alive & Free (O/Tr)
Dining Room E, University Medical Center
1501 N. Campbell.

7:30 p.m., Free & Easy (O/LS/H/Sm)
Northwest Alano Club, 3120 W. Curtis Ave.
(south of River, west of La Cholla)

Thursday

12 Noon, Midtown Nooners (O/D)
Quaker Meeting House, 931 N. Fifth Ave.

12:15 p.m., Not High Noon (O/SH/D/H)
Mostly Books, 6208 E. Speedway
(at Monterey Village)

5:45 p.m., Band of Brothers (C/M/SH)
Mostly Books, 6208 E. Speedway
(at Monterey Village)

6:15 p.m., Serenity Sisters (O/W)
236 S. Tucson Blvd. Women's meeting.

7:30 p.m., Young People's Meeting (O/SS)
First United Methodist Church,
Park Ave. & Fourth St.

7:30 p.m., Serenity @ 7:30 (O/D)
Northwest Alano Club,
3120 W. Curtis Rd., (Davis & Curtis)

8 p.m., Fireside Meeting (O/D/H)
Paxton House, 1626 N. Richey
(south of Pima, east side of Richey)

Friday

12 Noon, Midtown Nooners (O/D)
Quaker Meeting House, 931 N. Fifth Ave.

12:15 p.m., Not High Noon (O/SH/D/H)
Mostly Books, 6208 E. Speedway
(at Monterey Village)

6 p.m., Keep It Green (O/D/LS)
236 S. Tucson Blvd.

7 p.m., Circle of Sisters (O/SS/H)
In Balance, 6107 E. Grant Rd.
(enter at Old Farm Apartments, 2nd street turn left)

7:30 p.m., Underground Unity (O)
First United Methodist Church,
Park Ave. & Fourth St.

7:30 p.m., Keep the Light On (O)
236 S. Tucson Blvd. (s. of Broadway)

7:30 p.m., The Right Step (O/D)
Northwest Alano Club,
3120 W. Curtis Rd., (Davis & Curtis)

Saturday

8:30 a.m., Saturday Morning Serenity (O,D,H)
236 S. Tucson Blvd. (s. of Broadway)

12 Noon, Midtown Nooners (O/D)
Quaker Meeting House, 931 N. Fifth Ave.

4 p.m., Not High Noon (O/H)
Mostly Books, 6208 E. Speedway (Monterey Village)

6 p.m., Twilight Group (O/D/H)
Marshall Auditorium, east side
Tucson Medical Center, 5301 E. Grant Rd.

7:30 p.m., Saturday Night Miracles (O/D/H)
Marshall Auditorium, east side
Tucson Medical Center, 5301 E. Grant Rd.

MEXICO

(meetings in Español)

AGUA PRIETA

Sunday

12 noon, Grupo Hazlo Simple (Keep It Simple Group)
Calle Primero (1st St.) & Avenida 10 (10th Ave.)

Monday-Saturday

7 p.m., Grupo Hazlo Simple (Keep It Simple Group)
Calle Primero (1st St.) & Avenida 10 (10th Ave.)

7:30 p.m., Grupo Rendirse para Ganar (Surrender to Win Group), Calle 9 & Avenida 22

NOGALES

Sunday-Saturday

6 p.m., Grupo Como Llegar a Casa (Way Home Group)
Porfirio Diaz #138 (between Obregon & Ingenieros)

HERMOSILLO

Monday-Friday

8-9:30 p.m., Grupo Limpio y Sereno (Clean & Serene Group)
Matamoros #19 SUR (Altos) near Hermenegildo Rangel

Saturday & Sunday

6:30-8 p.m., Grupo Limpio y Sereno (Clean & Serene Group)
Matamoros #19 SUR (Altos) near Hermenegildo Rangel

ROCKY POINT (PUERTO PEÑASCO)

Sunday

11 a.m., Grupo Un Nuevo Comienzo
Melchor Ocampo St. & Niños Heroes #192

Monday-Saturday

8 p.m., Grupo Un Nuevo Comienzo
Melchor Ocampo St. & Niños Heroes #192

Monday-Sunday

8 p.m., Grupo Valor Para Cambiar
Lazaro Cardenas St. & Blvd. Josefa O. DeDomínguez

BENSON

Tuesday & Friday

6 p.m., Alive & Recovering (O/D/SH)
Sobriety House, 225 E. 6th St.

BISBEE

Tuesday

7 p.m., Mile High Group
Bisbee Community Y, 26 Howell Avenue

DOUGLAS

Friday

7 p.m., 749 11th St. (O/D/H)

Saturday

8 p.m., 749 11th St. (O/D/H)

MORENCI

Friday

7 p.m., We Came to Believe (O)
Shepherd of the Hills Church, Burro Alley

SAFFORD

Sunday

7 p.m., Safford Survivors (O/TS/H)
First Christian Church, 1726 1st Ave. (Hwy. 191)

Monday, Tuesday & Wednesday

6 p.m., Safford Survivors (O/SH/D)
United Methodist Church, 10th & 10th

SAHUARITA

Monday, Wednesday & Friday

6:30 p.m., Sahuarita Serenity Group (O/D)
Sahuarita Baptist Church, 2875 E. Sahuarita Rd.

SAN MANUEL

Thursday

6 p.m., Birds Eye View (O/D)
23 McNabb Pkwy. (behind Sunlife Medical Clinic)

SIERRA VISTA

Monday

6:30 p.m., Half Moon Group (O/D)
St. Paul's Missionary Baptist Church
s.e. corner of Carmichael & Theater, upstairs

Tuesday

8 p.m., It's in The Book (O/TS/H)
5120 E. Highway 90

Wednesday

8 p.m., Full Moon (O)
Oscar Yrun Community Center
3020 E. Tacoma (closed on holidays)

Thursday

5:30 p.m., It Works, How & Why (O/SS)
St. Paul's Missionary Baptist Church
s.e. corner of Carmichael & Theater, upstairs

Saturday

7:30 p.m., We Do Recover (O/D)
St. Paul's Missionary Baptist Church
s.e. corner of Carmichael & Theater, upstairs