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February 2022

RECOVERY

In Action

Serving Southeastern Arizona

My Take on Sponsorship. It is recommended and highly suggested to get a sponsor to help guide you through the Twelve Steps. Nearly 22 1/2 years ago I first came in to the program of Narcotics Anonymous which I chose to call home. I have NOT found it necessary to use since. I was beat down, no place to call my own. Husband in jail and kids living with family. I Surrendered and became willing to do whatever it took to stay here. I asked this woman (who I knew before she was clean) (I couldn't believe she was going on 4 years). To be my sponsor. I felt if she could do this, so could I. She looked at me, gave me a big hug and said "let me ask my sponsor first". (I was like B you didn't in my head). All the courage I mustered up and approached her and asked that question. I felt deflated and was about to cry and started pulling away when she held on to me and said. " It would be my honor to be your sponsor, I have not been asked before and need to talk with my sponsor so I am sure I am ready." Well that was definitely more comforting. She got back to me the very next day and told me yes. I did cry at that point. I suddenly felt worthy and cared about. She hadn't remembered that we knew each other when she was using. I was clean in another fellowship and she was coming in to learn how to keep her fiancée from using. I truly was grateful to meet her then and again those 4 years later. To have her as my first sponsor was a humbling blessing beyond what any words could ever describe. She asked me when my clean date was. At the time I wasn't sure. She helped me figure that out. She asked me what my goals were. My goals then were to get "my life back" the husband, kids, finish school, get the dream job and be the model family the rest of our living days. She chuckled. I murmured it's what I want. She said "we'll get there one say at a time". I stated ok then what should my goals be. Again she chuckled, "Let's start by admitting you are powerless and an addict first." "Do you have a Basic Text?" Of course I do, I replied. She suggested that I first take a high lighter and in the first 10 chapters highlight the words addict and addiction. Oh boy I thought, my first real assignment this is easy. She also suggested that I get women's phone numbers from Every Meeting I attend. To call 3 different women everyday to get used to using the phone. To call her everyday to "check in". Find something to be grateful for everyday. It all sounded easy. It sounded Too easy! I was thinking how is this going to keep me clean and when do we work the steps?? I wanted to be recovered tomorrow, I have these goals, I want my life back was all running through my head. So after weeks of following all these suggestions I went to her and asked what now? She smiled and said, "How well do you know the Serenity Prayer?" I replied, "I know it, I have been saying it since I was 10 years old. What do you mean?" She smiled and said, "I am sure you do, now let's take it word by word from the Basic Text and a Dictionary. " Puzzled I said "OK, can you explain a little bit more?" She smiled and said, "Yes, in the index of the book there are corresponding pages to these words, read those pages." So again I think to myself this is easy. She smiled again and asked, "Have you decided which group is your home group yet?" I replied "Yes, it is" She said "Great, have you picked up a service commitment yet?" "Why No" I replied. She suggested I get one. So I did! So I began working this new assignment of the prayer, while thinking what Kind of service I want to offer to my home group. (Thinking I know all this and that I am going to be asked to do something greatly important) Meanwhile back in the book there isn't a page indexed on the word wisdom. Well I forgot it was suggested to get a dictionary too. I ended up reading the first 10 chapters again. My home group business meeting comes and I speak up and say I want to be of service, what will you have me do? Being all of 70 days clean they say, "Well we need a new key holder." Puzzled I say "What does that entail?" They laugh and say, "You carry the key, show up 20 minutes early, open the door, set things up, then stand at the door and greet everyone with a hug until the meeting starts." "Then after the ending prayer, you go back to the door, say good night to everyone with a hug and when we have all cleared out, you turn everything off, close and lock the door." "Are You willing and able to do that 2 nights a week?" I said "That's it, we'll yeah I guess so." I left that meeting feeling a little bewildered. Key in hand. I thought this was too easy for someone like me, not an important thing at all. I showed up 30 minutes early, got everything ready that I could. Then took post at the door. I greeted and hugged everyone. Sat down for the meeting and jumped back to the doorway after the prayer. I hugged everyone as they left and about 30 minutes after the meeting was all locked up and ready to go fellowship. As the group and my sponsor expected, that first experience in this service position taught me how to open myself up more to others and a sense of responsibility. I quickly discovered how very important this particular service position truly is. Not only to others But mostly to myself. Shortly after this I began Step One with my Sponsor.

Robin H -Bisbee, AZ -Home Group Late Night with Recovering Addicts ID # 7549696086 Nightly at 10 p.m.

Statewide NA Help Line: 1-844-991-AZNA(2962)

The Second Tradition concerns the nature of leadership in NA. We have learned that for our Fellowship, leadership by example and by selfless service works. Direction and manipulation fail. We choose not to have presidents, masters, or directors. Instead we have secretaries, treasurers and representatives. These titles imply service rather than control. Our experience shows that if a group becomes an extension of the personality of a leader or member, it loses its effectiveness. An atmosphere of recovery in our groups is one of our most valued assets, and we must guard it carefully, lest we lose it to politics and personalities. Those of us who have been involved in service or in getting a group started sometimes have a hard time letting go. Egos, unfounded pride, and self-will destroy a group if given authority. We must remember that offices have been placed in trust, that we are trusted servants, and that at no time do any of us govern. Narcotics Anonymous is a God-given program, and we can maintain our group in dignity only with group conscience and God's love. Some

will resist. However, many will become the role models for the newcomers. The self-seekers soon find that they are on the outside, causing dissension and eventually disaster for themselves. Many of them change; they learn that we can only be governed by a loving God as expressed in our group conscience.



Proof that the program works!

Please send your clean dates also
send any of your friends clean dates!

Mike M. 10/29/07

Alexis R. 2/14/10

If you have a clean date birthday
of one or more years, please email it to
newsletter@natucson.org

UPCOMING NA EVENTS

Square Peg Round Hole

Fire Side Meeting

North Mountain Park Ramada– Follow the signs. 12999 N Cox Rd. Casa Grade AZ

-February 19th

-March 19th

MACCNA XII April 8-10th 2022
Shilo Inn & Suites 1550 S. Castle Dome
Ave Yuma AZ 85364
[20220408_maccna.pdf\(arizona-na.org\)](https://20220408_maccna.pdf(arizona-na.org))

ARCNA XXXV– May 27-29,
2022. Scottsdale Doubletree

NACONA II- Oct. 28-30, 2022.
Little America Hotel @ 2515 E
Butler Ave, Flagstaff, AZ 86004.
www.nacona.org

**10th Annual Arizona NA Men's
Spiritual Retreat**- Feb.3-6th, 2022
The Franciscan Renewal Center
5802 E. Lincoln Dr. Scottsdale AZ
85253. www.TheMensRetreat.org

**Women Growing Together Spir-
itual Retreat**- April 22-24th, 2022-
34434 S. Y Camp Rd. Oracle, AZ
85623.

NEXT MONTHS TOPIC Step Three & Tradition Three

SEAZNA Area Service Meetings

SEAZNA Area Service Committee

Saturday, Jan. 8, at 12 noon, in Room #21
(upstairs), of Trinity Presbyterian Church, 400 E.
University Blvd. seaznacvi@natucson.org

Activities: 3rd Sunday 1:30pm at Trinity
Presbyterian Church Room #15

Contact: Warren activities@natucson.org

Hospitals & Institutions

H&I meets at 12 p.m. on the second Sunday
of each month; Meeting in person at Streams
in the Desert Church.

Mt. Lemmon Bash

Meets in person. Postponed until 2022

Contact bash@natucson.org or William B. at
520-907-7344

Newsletter

Contact Andi newsletter@natucson.org

Meets first Sunday 3-4 p.m.

Zoom ID: 686 564 3261; PW: NA

Outreach Subcommittee

Contact outreach@natucson.org for more
information. Or Call Joe C. 520-278-2677

Phoneline Subcommittee

Contact phoneline@natucson.org

Contact Mark C to be of service at 602-423-
5246. *Phoneline is looking for Spanish-
Speaking volunteers to be of service!*

Public Relations Subcommittee

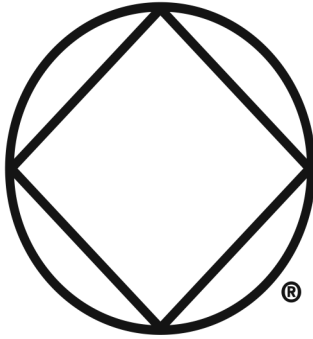
Meets 10:45am 2nd Sunday Zoom ID 849
5270 4463

Please support your
NA Newsletter with
submissions, feedback
or suggestions.

Email them to
newsletter@natucson.org

AREA EVENTS & ACTIVITIES

Please check the website www.natucson.org for updates and more information



MEETING CHANGES & SUPPORT

- * **Saturday Morning Serenity** June 1st back live and Zoom Hybrid
- * **Sahuarita** Friday nights at 6:30pm
- * **Primary Purpose** to new location: 610 Delano E. Suite 106

SERVICE OPPORTUNITIES

SEAZNA Executive Committee

Elections where completed.

ALL GSRS need to come to AREA

SEAZNA Sub Committee

Activities Vice Chair position is open—2 year clean time requirement, 18 mos for Vice Chair

Public Relations is in need of a Chair and Vice Chair—2 year clean time requirement, someone who is willing to take over the Chair position this year!!

Literature is in need of a Vice Chair—2 year clean time requirement, someone who is willing to take over the Chair position this year!!

Phone Line is in need of a Vice Chair—2 year clean time requirement, someone who is willing to take over the Chair position this year!!

Panel coordinators are needed for H&I, contact Jose at HnI@natucson.org for information or attend the meeting

PLEASE ATTEND THE SUB COMMITTEE MEETING LISTED ON THE 4TH PAGE TO SIGN UP FOR VICE CHAIR OR H&I PANEL COORDINATOR

Want to share your Experience,
Strength, and Hope?
Submit your recovery related stories,
poems, jokes, etc. to:
RECOVERY IN ACTION
(newsletter@natucson.org)

Don't know what to submit? CHECK THE TOPIC
OR Ask your Sponsor for ideas!

~ AREA EVENTS ~

Groundhog 7th Anniversary Party, Saturday,
Feb. 5, 10 a.m.

Hike & Meeting, 10 a.m., Sunday, Feb. 6, Catalina
Canyon Loop Trail, Catalina State Park



**Women Growing Together
Spiritual Retreat of NA**
April 22nd—24th, 2022
**A LOT OF SERVICE POSTIONS
AVAILABLE!**

**Please contact Debbie G. 520-203-4601
or Marquie W. 520-589-3577**

Submission Disclaimer: All material submitted becomes property of the Newsletter Sub-Committee and will be edited for content, length, and clarity of the NA message.