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November 2021

RECOVERY

In Action

Serving Southeastern Arizona

My whole changed the moment I tried that first drug. I grew up in a very loving home. My parents raised me as a child. I had lost my mother to addiction at the age of seven. I did not know until after in life how that impacted me and my feelings. I grew up with a lot of anger, and I always felt like an outsider. I took anger out on people, especially the ones I loved the most. I started using it at the age of thirteen. GROWING UP Lutheran I had always heard if you use you are going to hell. That was the deterrent from drugs for a while. I started hanging around people that I should not have been. That is when I took my first hit. I instantly loved it! I didn't feel all the hurt and pain that I have been carrying around. That drug became my only friend for the next 18 years. Drugs made me the different person I always wanted to be. In my mind, I thought that I was in control of my addiction. I could and would stop if I thought of Whenever I wanted. This disease warped my whole reality. The more I used, the more I became blind to this reality. I was slowly killing myself, I became a monster. I hurt the ones closest to me.

I was that guy when I needed something to get high, I was going to get it by the easiest means necessary and that means my family. I lost my family, friends, and freedom, and the kids because of my use. I was a menace to society. I have been in and out of jails and institutions, always of leaving clean and sober, but never stay that way. That is the insanity we ALL know about. Now I am serving a 20-year sentence because of my use. My best way of thinking got me to prison. DRUGS are not the problem. It starts with me and my self-centeredness. This disease does not discriminate. I saw a buddy of mine on the unit I'm in he had something I wanted. He had Joy and Happiness. He invited me to the NA, so I started going. I wrote to Behind the Walls and had gotten a sponsor, worked the 12 Steps, and I had started seeing and noticed a change with my attitude and outlook upon my life.

My Higher Power opened my eyes and gave me the willingness to stay clean I work on my recovery, "one day at a time!" I learned to love myself, and others. I am happier, joyous, and free in prison than I have ever been before. Today, I Chair Institutional Meetings and sponsor guys on the unit, and I would not change that for the world. The NA program has given me a reason to live and a purpose. I love passing on to others that were freely given to me, and that's RECOVERY FROM ACTIVE ADDICTION, through the 12 Steps.

By the grace of God, I am clean today. I can enjoy the man I see in the mirror. I have 34 months of recovery and that is a miracle. I know if I do not pick up that first drug. I will be O.K. I know that today those things are going to happen in life in which I have no control over. God has placed me where he needs me to be, to help others just like me.

I have everything that I need in the rooms of NA. Today I am going to go to a meeting, share my experience, strength, and HOPE with someone who is still suffering I know if I practice these principles in all my affairs. I am going to be O.K. If I do today, what I did yesterday, I know I want to use. Because of GOD and people, and right action, my life is the best it has ever been!

Joshua, Safford Prison 2021

Statewide NA Help Line: 1-844-991-AZNA(2962)

When I think about the topics for this month: Sharing and hope, I think they relate in a way. The love I have for others is significant to why I share and spread hope. Its my desire to provide other struggling addicts with hope that they too can find this new way to live. Freedom from obsession, freedom from heart ache and freedom from addiction is the reason I work the NA program. When I share in meetings sometimes its about getting something out I may have been holding inside but most of the time its to spread hope to the newcomer in the room.

The person in the room who can barely understand the words being said in the meeting because they are in a drug induced fog deserves to know that there is true freedom from this disease we all have. There is another way to live. Pain and self destruction is think of the past if you just try this new way of life found in our 12 steps and 12 traditions.

I had to learn that my way of dealing with life was not working and I had to try things the NA way. I listened a lot in the beginning . I had to hear what others where saying before I could understand what I needed to do. I had to learn how to apply the things I heard in meetings. Other people sharing their experience, strength, and hope gave me home for my own future and life. I love that my sponsor was so open and honest while we worked steps. Without her telling me her story

I never would have really related to others. I now try to pass on what I have learned to my own sponsees so they can see the power in sharing their hope with others. Life is not perfect but NA provided me with a Higher Power and a program to help guide me in my life. I will forever be grateful for the spiritual principles the steps showed me. My future is bright again and I genuinely love myself and others. I am a miracle and so are you!

AF



Proof that the program works!

Please send your clean dates also
send any of your friends clean dates!

Sean B. 12/13/1998

Bodhi 11/14/86

If you have a clean date birthday
of one or more years, please email it to
newsletter@natucson.org

UPCOMING REGIONAL NA EVENTS

Square Peg Round Hole Fire Side Meeting
North Mountain Park Ramada– Follow the
signs. 12999 N Cox Rd. Casa Grade AZ
-November 20th
-December 18th -January 22nd
-February 19th -March 19th

NOANDA 5-Year Celebration,
Wednesday, Oct. 27, 2021, 6
p.m.

**2nd Annual Hedgehog Parker
Canyon Lake Campout, Oct. 28-31**

**Anonymityville Horror Trunk or
Treat & Dance, Saturday, Oct. 30,**
Streams in the Desert

Hike & a Meeting, Sunday, Nov. 7,
8 a.m., Tumamoc Hill

**Mount Lemmon Bash Chili
Cookoff, Sunday, Nov. 7, 11 a.m.**
-4 p.m., Ft. Lowell Park Ramada
#7

Stuff-O-rama, Thursday, Nov.
25, 11 a.m.-4 p.m., Streams in
the Desert

Holiday Narathon, Noon, Dec.
24-Noon, Dec. 25, Streams in the
Desert

New Year's Eve Dance, Dec. 31,
8 p.m.-1 a.m., Location TBA

NEXT MONTHS TOPIC Acceptance & Fellowship

SEAZNA Area Service Meetings

SEAZNA Area Service Committee
2 p.m. on 2nd Sunday of each Month. Meet-
ing in person at Streams in the Desert
Church. 5360 E. Pima St. Tucson AZ
Zoom.ID# 995 3571 1097 / PW: service
Activities: 3rd&4th Sunday 1:30pm at Trini-
ty Presbyterian Church Room #15

Contact: Warren activities@natucson.org

Hospitals & Institutions

H&I meets at 12 p.m. on the second Sunday
of each month; Meeting in person at Streams
in the Desert Church.

Mt. Lemmon Bash

Meets in person. Postponed until 2022
Contact bash@natucson.org or William B. at
520-907-7344

Newsletter

Contact Andi newsletter@natucson.org

Meets first Sunday 3-4 p.m.
Zoom ID: 686 564 3261; PW: NA

Outreach Subcommittee

Contact outreach@natucson.org for more
information. Or Call Joe C. 520-278-2677

Phoneline Subcommittee

Contact phoneline@natucson.org
Contact Mark C to be of service at 602-423-
5246. *Phoneline is looking for Spanish-
Speaking volunteers to be of service!*

Public Re- lations

Subcom- mittee-

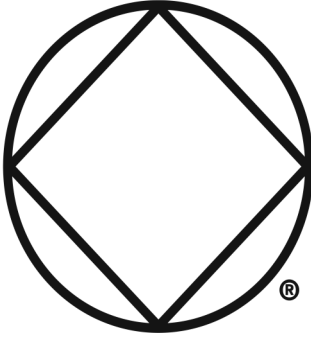
Meets
10:45am
2nd Sun-
day Zoom
ID 849
5270 4463

Please support your
NA Newsletter with
submissions, feedback
or suggestions.

Email them to
newsletter@natucson.org

AREA EVENTS & ACTIVITIES

Please check the website www.natucson.org for updates and more information



MEETING CHANGES & SUPPORT

- * **Saturday Morning Serenity** June 1st back live and Zoom Hybrid
- * **Sahuarita** Friday nights at 6:30pm
- * **Primary Purpose** to new location: 610 Delano E. Suite 106

SERVICE OPPORTUNITIES

SEAZNA Executive Committee

Elections where completed.

ALL GSRS need to come to AREA

SEAZNA Sub Committee

Activities Vice Chair position is open—2 year clean time requirement, 18 mos for Vice Chair

Public Relations is in need of a Chair and Vice Chair—2 year clean time requirement, someone who is willing to take over the Chair position this year!!

Literature is in need of a Vice Chair—2 year clean time requirement, someone who is willing to take over the Chair position this year!!

Phone Line is in need of a Vice Chair—2 year clean time requirement, someone who is willing to take over the Chair position this year!!

Panel coordinators are needed for H&I, contact Jose at HnI@natucson.org for information or attend the meeting

PLEASE ATTEND THE SUB COMMITTEE MEETING LISTED ON THE 4TH PAGE TO SIGN UP FOR VICE CHAIR OR H&I PANEL COORDINATOR

Want to share your Experience,
Strength, and Hope?
Submit your recovery related stories,
poems, jokes, etc. to:
RECOVERY IN ACTION
(newsletter@natucson.org)

Don't know what to submit? CHECK THE TOPIC
OR Ask your Sponsor for ideas!

~ AREA EVENTS ~

2nd Annual Hedgehop Campout— Parker Canyon Lake—October 28th-31st.

Anonymityville Horror Trunk-or-Treat & Dance— Saturday October 30th @ Streams in the Desert Church

Mount Lemmon Basg Chili Cookoff
November 7th @ 11am-4pm Ft Lowell Park Ramada #7



Women Growing Together Spiritual Retreat of NA

April 22nd—24th, 2022

**A LOT OF SERVICE POSTIONS
AVAILABLE!**

**Please contact Debbie G. 520-203-4601
or Marquie W. 520-589-3577**

Submission Disclaimer: All material submitted becomes property of the Newsletter Sub-Committee and will be edited for content, length, and clarity of the NA message.