



Receive the Newsletter by email!
Just email Newsletter@natucson.org
And ask to be added to the list.

Jan/Feb 2021

RECOVERY

In Action

Serving Southeastern Arizona

Please support your
NA Newsletter with
submissions, feedback
or suggestions.

Email them to
newsletter@natucson.org

Step Work Commitments

One of the best parts of us belonging to a Fellowship of recovering addicts is that we have support while venturing into our new commitments. Other members are excited for us when we let them know we are doing something to better our lives. Nothing more-so than when we declare that we are going to work the 12 steps of recovery, whether it is for the first time or another run through them. Our commitment is to ourselves, our accountability is to ourselves, and our timeframe to apply the spiritual principles found in the steps starts from ourselves. We ask help from our sponsors and network. We do not work these steps alone. To do so would be to shortchange our benefits from their experience, strength, and hope. The perspective which has always served me the best is that the step work is my commitment to me, and not my commitment to a sponsor or to my peers. When I make this clear from the start with my sponsor, I take away the demands of staying on their schedule, and I take away their power to hold me back. I have never understood why a sponsor would want to hold someone back from the power contained within working the steps, but I hear about it all too often. I'm not advocating working the steps fast or slowly. We all work them according to our needs, abilities, and our desire to find freedom from active addiction. By committing to working the steps, we enlarge the base of all of our experience, which raises the point of freedom for us all. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all of our affairs. - DB

Happy Birthday!

Proof that the program works!

Sean B 12/13/1998
Michael S 1/8/2020
Scott P 2/26/2008
Lauren N 2/13/2008
R J 2/3

Elia A 1/6/2011
John B 1/10/0987
Jeremy K 1/12/2018
Warren S 1/15/2020
Jacque B 1/18/2012
Jim T 1/20/1985
Danny E 1/25/2018
Henry D 2/2/1982
Connie W 2/2/1990
Margo W 2/3/1996
Matthew C 2/3/2015
Tim B 2/6/2017
Enrique O 2/6/2019
Stephanie E 2/7/2010
Melissa S 2/7/2016
Ronnie G 2/7/2019
Anna W 2/15/2019
Morgan L 2/18/2017
Shawnie P 2/22/2017
Jay B 2/26/1987
Zach W 2/26/2019
Angela N 2/28/2016
Sybil M 2/28/2020

Congratulations to all who have
today!!

If you have a clean date birthday of one or more years,
please email it to Newsletter@natucson.org

Upcoming Events in and around AZ

NEXT MONTH'S TOPIC!

Deciding how many to sponsor

Subcommittee Service

SEAZNA Area Service Committee
2 p.m. on 2nd Sunday of each Month
Streams in the Desert Lutheran Church
5360 E. Pima St. (west of Craycroft)
*Check updates monthly for changes or Zoom info

Activities Subcommittee
Contact activities@natucson.org

Hospitals & Institutions Subcommittee
12:30 p.m., Second Sunday of the month
Streams in the Desert Lutheran Church
5360 E. Pima St. (west of Craycroft)
*Check updates monthly for changes or Zoom info

Mt. Lemmon Bash Subcommittee
Contact bash@natucson.org

Newsletter Subcommittee
Contact newsletter@natucson.org

Outreach Subcommittee
Contact outreach@natucson.org for more information.

Phoneline Subcommittee
Contact phoneline@natucson.org

Public Relations Subcommittee
Meeting held on line, contact pr@natucson.org for

AREA EVENTS & ACTIVITIES

Please check the website **www.natucson.org** for updates and more information



Medallion Night and Potluck: Last Monday of the month @ First United Methodist Church (915 E. 4th street). Show up at 7 if you are getting a medallion (1 year or more) meeting starts @ 7:30pm.

*Check updates monthly for changes or

Zoom info



Monday Night Young People's Speaker Meeting: 3rd Monday each month.

Meeting Changes, Support, Service Opportunities

Want to share your Experience, Strength, and Hope?

Submit your recovery related stories,
poems, jokes, etc. to:

RECOVERY IN ACTION

(newsletter@natucson.org)

Don't know what to submit?

Ask your Sponsor for ideas!

~ AREA EVENTS ~

Women Growing Together Spiritual Retreat, April 23-25, 2021

SEAZNAC VI: Let's Try This Again!, Sept. 3-5, 2021 (website)

Submission Disclaimer: All material submitted becomes property of the Newsletter Sub-Committee and will be edited for content, length, and clarity of the NA message.