

# AREA EVENTS & ACTIVITIES

Please check the website [www.natucson.org](http://www.natucson.org) for updates and more information



**Medallion Night and Potluck:** Last Monday of the month @ First United Methodist Church (915 E. 4th street). Show up at 7 if you are getting a medallion (1 year or more) meeting starts @ 7:30pm.

Want to share your Experience, Strength, and Hope?

Submit your recovery related stories,

poems, jokes, etc. to:

***RECOVERY IN ACTION***

([newsletter@natucson.org](mailto:newsletter@natucson.org))

Don't know what to submit?

Ask your Sponsor for ideas!



**Monday Night Young People's Speaker Meeting:** 3rd Monday each month.

## ~ AREA EVENTS ~

### Meeting Changes, Support, Service Opportunities

**Submission Disclaimer:** All material submitted becomes property of the Newsletter Sub-Committee and will be edited for content, length, and clarity of the NA message.



Receive the Newsletter by email!  
Just email [Newsletter@natucson.org](mailto:Newsletter@natucson.org)  
And ask to be added to the list.

Nov/Dec 2020

# RECOVERY

## *In Action*

Serving Southeastern Arizona

Please support your  
NA Newsletter with  
submissions, feedback  
or suggestions.

Email them to  
[newsletter@natucson.org](mailto:newsletter@natucson.org)

### My gratitude speaks...

“My gratitude speaks when I care and share with others the NA way” is one of our standard slogans, but to dismiss it as a cliché would be a mistake. Inside this simple statement is the key to freedom as we know it. To use the key, we must be practicing our spiritual program.

After all, what is the NA way that I am sharing? For a start, there is the calm assurance that

an addict, any addict, can lose the desire to use and find a new way to live. Regardless of where I am in my recovery journey, surrendering to this possibility and accepting it as a truth in my life opens the door for miracles to happen. Starting from the foundation of complete abstinence from drugs gives me a fighting chance at discovering what the rest of this program has to offer. Once the drugs go, something else must take their place, or we are doomed to go back to our old patterns.

The “NA Way” is much more than mere physical abstinence. The promise of freedom from active addiction is not something that comes from clean time, no matter how long we manage to abstain. Neither is the NA Way defined as the content of what I share about at a meeting. Yes, I can give my gratitude a voice at meetings. I can speak to the good in my life and the sense of fulfillment that I feel as an addict with a program. But for me, sharing the NA way is about more than saying “get a sponsor, a homegroup, a service position, and go to meetings,” while I “share where I’m at” at my homegroup.

Therefore, my gratitude speaks louder than words through my actions. I share the NA way as I move through the world. My gratitude speaks loudest when I listen to a man share his fourth step and fifth step as I work my twelfth. My gratitude speaks when I feel the grace of a higher power bless me beyond anything I have earned or deserve. My gratitude speaks when I give selflessly of my time without drawing any attention to my good deeds. My gratitude has become, through the application of the spiritual principles contained in the Steps, an end to itself. EOA

My Gratitude Speaks...

If there is one thing I have seen which we have in the way of attraction, it is that we speak our gratitude for the things in our lives through our actions, especially our recovery. I see members showing up and pitching in to set things up, to show their concern for others, and to build new friendships. I am grateful for the relationships I have in our society – our NA society. Those relationships help me understand and develop better in all relationships. Being grateful for the things I possess, is the short and easy side of it. The real gratitude is in having newly found abilities to cope with and manage feelings tied to those possessions. As life can and will get more chaotic or uncertainties come along, it is clear to me now that all of my gratitude is tied to the relationships in my life. I was shown how to care for those relationships through your actions. Gratitude is seen in those actions. A good life is seen in those actions. A life worth living is seen through those actions. A gratitude list for me today is more like a people planner – loaded with people I want to be near, laugh with, accomplish things with, and celebrate recovery with.

DB

Upcoming Events in and around AZ

NEXT MONTH’S TOPIC!

What does a GSR do?

Happy Birthday!

Proof that the program works!

- Luca B 11/19/2007
- Michael M 11/19/1979
- Brandie N 5/18/2019
- Jodi 11/18/2018
- Robert Z 11/8/2016
- Kristin Z 11/8/2015
- Brendan G 11/11/2019
- Mark L 11/10/1996
- Belinda P 11/10/2005
- Joanne D 11/25/2018
- Liz P 11/7/1987
- Randi R 11/5/2017
- Emily S 11/25/2010
- Robert M 12/2/2017
- Debbie G 12/4/1997
- Rain B 12/7/2019
- Larry P 12/5/1990
- Rick B 12/6/1989
- Bruce S 12/11/2005

We understand this is not a complete list of all celebrations in our Area. Congratulations to all who have today!!

If you have a clean date birthday of one or more years, please email it to Newsletter@natucson.org

Subcommittee Service

SEAZNA Area Service Committee  
2 p.m. on 2nd Sunday of each Month  
Live meeting scheduling to be announced  
Zoom—

Activities Subcommittee  
Needs Chair

Hospitals & Institutions Subcommittee  
12:00 p.m., Second Sunday of the month  
Zoom—843-8814-3812

Mt. Lemmon Bash Subcommittee  
Contactbash@natucson.org

Newsletter Subcommittee  
Contact newsletter@natucson.org

Outreach Subcommittee  
Needs Chair

Phoneline Subcommittee  
Contact phoneline@natucson.org

Public Relations Subcommittee  
Meeting held on line, contact pr@natucson.org for details

Phoneline is looking for Spanish-Speaking volunteers to be of service! (phoneline@natucson.org)