



# RECOVERY

## *In Action*

Serving Southeastern Arizona

### Integrity

When I came to NA, I had never learned to support myself, or what it meant to be a productive member of society. The longest I'd ever held a job was a few months, and even then, I was stealing money out of the register. I moved out of my mother's house when I was still in high school and moved in with my then boyfriend. We split up less than a year later, and I moved from Florida to Hawaii and married a guy I had met about 2 months prior. My addiction followed me and continued to progress, and eventually landed me in NA. I had never in my life truly given back to society. My actions were selfish and self-centered. I did what I pleased with no regard for anyone else. As my addiction grew worse, I cornered myself off from society. I got a divorce, I bounced around the country without a home, staying wherever I could stay as long as it was tolerated before moving on to the next place. When I finally got clean, I had to start from scratch. I had always been taken care of by someone else. I had never had to manage things like keeping a roof over my head or earning and budgeting my own money. I had a year clean before I finally started working. But work is only part of being a responsible, productive member of society. I had to stop many of my old behaviors. Lying and stealing were no longer acceptable ways to get by. I had to learn something called integrity. To me, integrity is vastly more important than how much money I earn, or where I choose to work. It is easy to see a doctor or a lawyer as a more productive member of society than a janitor or a cashier, but social acceptability does not equal recovery, and salary and education do not equal integrity. It isn't what we do or how much we make, but the principles by which we choose to live our lives that matters. I may not be rich by any means, but I work in a field that allows me the opportunity to practice integrity and to help others, and that is important to me. I am also active in the NA program, being of service whenever possible. Giving without expectations is a gift in recovery. It allows me to feel good about who I am and where I am going. Even if I never make enough to buy a home, drive a luxury car, or even do much but stay afloat, I am living a life I can be proud of today, thanks to NA.

- Kati M.

### November 2019 Note from the Editor: A Service Opportunity.

Thanksgiving is one of the Southern Arizona's biggest events. Stuff-O-Rama 2019, Thanksgiving Day, Nov. 28, Trinity Presbyterian, 400 E. University Blvd. (at Fourth Ave. Setup starts at 10am. The speaker starts at 12:30pm. Dinner starts at 2:00pm.

Come early to help setup. Stay late to help clean. Contact Don B (520) 551- 0598 for more information.

### Happy Birthday!

**Proof that the program works!**

We really need these

Please Submit

Email:

[newsletter@natucson.org](mailto:newsletter@natucson.org)

Phone:

520-909-1067

You can typically find me at:

Steps-R-Us

St Philip's in the Hills

Mesquite Room

SE corner of campus

4440 N Campbell Ave,

Tucson, AZ 85718

Friday 8pm-9pm

## FELLOWSHIP EVENTS & ACTIVITIES

### Upcoming Area Events

Moment of Clarity Group's 4th Anniversary Celebration, Sunday, Nov. 17, fellowship & refreshments at 6 p.m., speaker at 6:30 p.m.

Southern Arizona Soccer Game & Speaker Meeting, Saturday, Nov. 23, 12-4 p.m., Sierra Vista

Stuff-O-Rama 2019, Thanksgiving Day, Nov. 28, Trinity Presbyterian, 400 E. University Blvd.

Women Growing Together Spiritual Retreat, April 24-26, 2020, Triangle Y Ranch, Oracle

### Recurring Area Notices

Bowling is on Hold! Golden Pin Lanes has closed, so until a new venue is found, there will be no more monthly bowling. Stay tuned for more info!

Medallion Night and Potluck, Underground Group, 7 p.m., last Monday of each month, 915 E. Fourth St., arrive at 6:30 p.m. if you're receiving a medallion

### In & Around Arizona

South Central Area Chili Cook-off & Pie Auction, Saturday, Nov. 16, Dave White Park, Casa Grande

2020 New Year Celebration, "A Vision of Unity," Dec. 31-Jan. 1, 130 N. 35th Ave., Phoenix

Please alert us to any events around Arizona not already listed here. Thanks!

### Beyond Arizona

Western Service Learning Days, Nov. 8-10, Seattle, WA

SSRCNA XXIV, Nov. 8-10, Reno, NV  
SDICRCNA 34, Dec. 20-22, San Diego, CA

### Mexico

CASFNA III, Jan. 10-12, 2020, Agua Prieta, Son.

CABNA I, May 22-24, 2020, León, Gto.

### Barbados

BACNA II, Nov. 14-17, Barbados

## Next month's topic!

The topic for our December newsletter will be **Our Primary Purpose**. How are we working together as a fellowship to carry the message of Narcotics Anonymous to the addict who still suffers? We want to hear your experience with carrying out our fifth tradition.

Please send submissions to newsletter@natucson.org or hand them in to Fred C

### *Subcommittee Service*

#### **SEAZNA Area Service Committee**

2 p.m. on 2nd Sunday of each Month  
Streams in the Desert Lutheran Church  
5360 E. Pima St. (west of Craycroft)

#### **Activities Subcommittee**

Contact activities@natucson.org

#### **Hospitals & Institutions Subcommittee**

12:30 p.m., Second Sunday of the month  
Streams in the Desert Lutheran Church  
5360 E. Pima St. (west of Craycroft)

#### **Mt. Lemmon Bash Subcommittee**

Contact bash@natucson.org

#### **Newsletter Subcommittee**

Contact newsletter@natucson.org

#### **Outreach Subcommittee**

Contact outreach@natucson.org for more information.

#### **Phoneline Subcommittee**

Contact phoneline@natucson.org

#### **Public Relations Subcommittee**

Meeting held on line, contact pr@natucson.org for details

*Phoneline is looking for Spanish-Speaking volunteers to be of service! (phoneline@natucson.org)*