



RECOVERY

In Action

Serving Southeastern Arizona

Message from the Editor, October, 2019.

My name is Fred, and I am an addict. Many people in Southern Arizona Area of Narcotics Anonymous know me. I'm the new SEAZASC Newsletter Editor. This was my first non-group service commitment in NA, in the early 1990s. In addition, I have served in multiple capacities at the group and area levels including: Group Service Representative, Group Treasurer, Group Chair, Timekeeper for Saturday Twilight, Area Activities Chair, Area Chair, and Regional Representative. More than saving my life, Narcotics Anonymous gave me a life.

My hopes for the newsletter going forward include: Step and Tradition of the Month, articles from the chairs and area executive committee members, articles from the various groups in Southeastern AZ. I Articles about recovery in NA from the membership are always welcome. This is your newsletter. It cannot happen without you. I can be reached at 520-909-1067.

In Service,
Fred C.

~ A Total Surrender ~

Grateful addict named Sheryl. Recovery began with a total surrender. I had spent years lost in addiction and was ready to do something different. I was introduced to NA in a detox. For the first time in my life, I thought recovery was possible. I heard Surrender to win which made no sense to me because I always thought you should never surrender. Little did I know that almost 10 years later that surrender would continue to be one of the most important spiritual principles in my recovery. I surrender my disease to my HP everyday. Things that I am powerless over I also surrender to. I cease fighting and live this program to the best of my ability with help of other addicts, my sponsor, my HP and this simple life saving program. If you are new I encourage you to surrender to this new way of life

- Sheryl .

Happy Birthday!

Proof that the program works!

We really need these

Please Submit

Email:

newsletter@natucson.org

Phone:

520-909-1067

You can typically find me at:

Steps-R-Us

St Philip's in the Hills

Mesquite Room

SE corner of campus

4440 N Campbell Ave,

Tucson, AZ 85718

Friday 7:15pm-8:30pm

Upcoming Events in and around AZ

Upcoming Area Events

Speaker Jam & Potluck, "The Language of the Heart,"
Saturday, Oct. 19, 4-9:30 p.m.

Southern Arizona NA Softball Game & Picnic, Saturday, Oct. 26, 12-5:30 p.m., 3305 E. Fry Blvd., Sierra Vista

Catalina State Park Camp Out, Oct. 25-27, Catalina State Park

Brothers in Recovery present 1st Annual 'Que in the Park, Saturday, Nov. 2, 12 noon-4 p.m., Reid Park Ramada #31 (also Mount Lemmon Bash Logo Contest)

Recurring Area Notices

Medallion Night and Potluck, Underground Group, 7 p.m., last Monday of each month, 915 E. Fourth St., arrive at 6:30 p.m. if you're receiving a medallion

In & Around Arizona

Please alert us to any events around Arizona not already listed here. Thanks!

Beyond Arizona

Best Little Regional Convention 31, Oct. 25-27, Lubbock, TX

CRCNA XXXIII, Nov. 1-3, Denver, CO

Western Service Learning Days, Nov. 8-10, Seattle, WA

SSRCNA XXIV, Nov. 8-10, Reno, NV

SDICRCNA 34, Dec. 20-22, San Diego, CA

Mexico

Si Funcio NA, Oct. 4-6, Chihuahua, Chih.,

Baja Costa Area Convention 27, Oct. 11-13, Tijuana

CASFNA III, Jan. 10-12, 2020, Agua Prieta, Son.

CABNA I, May 22-24, 2020, León, Gto.

Barbados

BACNA II, Nov. 14-17, Barbados

Costa Rica

CLANA XIV, Oct. 25-27, San José - Herradura

NOTE: Links to online registration and event flyers can be found on natucson.org.

Next month's topic!

The topic for our December newsletter will be **Our Primary Purpose**. How are we working together as a fellowship to carry the message of Narcotics Anonymous to the addict who still suffers? We want to hear your experience with carrying out our fifth tradition.

Please send submissions to newsletter@natucson.org or hand them in to Fred C

Subcommittee Service

SEAZNA Area Service Committee

2 p.m. on 2nd Sunday of each Month

Streams in the Desert Lutheran Church

5360 E. Pima St. (west of Craycroft)

Activities Subcommittee

Contact activities@natucson.org

Hospitals & Institutions Subcommittee

12:30 p.m., Second Sunday of the month

Streams in the Desert Lutheran Church

5360 E. Pima St. (west of Craycroft)

Mt. Lemmon Bash Subcommittee

Contactbash@natucson.org

Newsletter Subcommittee

Contact newsletter@natucson.org

Outreach Subcommittee

Contact outreach@natucson.org for more information.

Phoneline Subcommittee

Contact phoneline@natucson.org

Public Relations Subcommittee

Meeting held on line, contact pr@natucson.org for details

Phoneline is looking for Spanish-Speaking volunteers to be of service! (phoneline@natucson.org)