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Month **DECEMBER** Year **2016**

RECOVERY

In Action

Serving Southeastern Arizona

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Anonimo's Message - Part 3

In the first article in this series, "Strange Prophet of Joy: Anonimo", we were introduced to an anonymous member of our Fellowship who delights in sharing a particular message -- "NOW is the time to prepare for the greatly increased growth of NA in all the world. It's coming!" He seems to be a prophet of joy rather than a foreteller of doom and gloom, because the focus is on the excitement of welcoming large numbers of addicts to our "family", and the spiritual growth we will have in serving them effectively.

In Part 2, last month, we took a brief look at the need for planning in our personal "just-for-today" programs, and yet we can't determine the actual future outcomes, since that is above our "pay grade", so to speak. (HP is obviously much better than we are at that.) Anonimo also pointed out that we need not fear this message, since, though it implies some serious world conditions and/or events could drive addicts into recovery more rapidly than ever before, we have a loving God that we can count on to give us the serenity, courage and wisdom to do our parts in whatever may come (especially since we pray for those at every meeting).

Let's turn now to some specific actions which we could possibly take, which might help prepare the way for our soon-coming friends, if the "prophecy" should happen to come true. This article and the next (ones?) will describe a few ideas that have been gathered from various addicts, but the list is not meant to be final, rather it should be an expanding list that will be added to as members offer their 11th Step suggestions. Please send any concepts/concerns to the newsletter editor for consideration, and anonymous inclusion.

The first preparation possibility is one of the last things I would have thought of (unfortunately), and that is prayer. Both outside of meetings, "as the spirit of recovery moves", and silently in meetings as we listen intently to what is being shared. Can you imagine what the atmosphere of a meeting would be like if all members were listening intently to speakers while also maintaining a conscious contact with God as we may understand Him? Probably some people already are doing this on a regular basis, but I haven't heard much about it publically.

A second suggestion is to look at a map of the locations of NA groups in an area (city/state/

region, etc) and find places which are being underserved based on population. Then someone could (under PR's coordination preferably) try to make arrangements for future meetings to be held in a facility in the missing group-map section. These meetings would not necessarily be started now, but just their locations would be "reserved" in advance for future requirements.

I'm running low on space, but this list will hopefully be continued in next month's article. Please join in the fun of seeing what else we could do to be ready to welcome our anticipated "tidal wave", or "tsunami", of new members-to-be seeking a Fellowship of freedom from active addiction.

Thanks,
Dean W.
friend of Anonimo

A reservation is something we set aside for future use. In our case, a reservation is the expectation that, if such-and-such happens, we will surely relapse. What event do we expect will be too painful to bear? Maybe we think that if a spouse or lover leaves us, we will have to get high. If we lose our job, surely, we think, we will use. Or maybe it's the death of a loved one that we expect to be unbearable. In any case, the reservations we harbor give us permission to use when they come true—as they often do.

We can prepare ourselves for success instead of relapse by examining our expectations and altering them where we can. Most of us carry within us a cata-

log of anticipated misery closely related to our fears. We can learn how to survive pain by watching other members live through similar pain. We can apply their lessons to our own expectations. Instead of telling ourselves we will have to get high if *this* happens, we can quietly reassure ourselves that we, too, can stay clean through whatever life brings us today.

Just For Today February 19th

Happy Birthday!

Proof that the program works!

Karen S. F. 12/03/1989

Maria M. 12/04/2012

Phoenix M. (18 Months) 6/17/2015

Joe C. 12/21/2010

If you have a clean date birthday of one or more years, please email it to Newsletter@natucson.org

Upcoming Events in and around AZ

SEAZNA Activities Presents: "Cosmic Bowling", New Years Eve, 6pm-9pm, 7020 E. 21st, Tucson Bowl, After Party Info to Come!

SEAZNAC III

"Lost Dreams Awaken"

July 28-30, 2017

Early bird registration is now available at natucson.org/convention.html

MACCNA VIII - "Recovery Never Stops" Yuma, AZ, March 10, 11, &12, 2017

NEXT MONTH'S TOPIC!

POWERLESSNESS!

Send submissions about Powerlessness and how it relates to your recovery to newsletter@natucson.org

Subcommittee Service

SEAZNA Area Service Committee

2 p.m. on 2nd Sunday of each Month
Streams in the Desert Lutheran Church
5360 E. Pima St. (west of Craycroft)

Activities Subcommittee

Contact activities@natucson.org

Hospitals & Institutions Subcommittee

12:30 p.m., Second Sunday of the month
Streams in the Desert Lutheran Church
5360 E. Pima St. (west of Craycroft)

Mt. Lemmon Bash Subcommittee

Contact bash@natucson.org

Newsletter Subcommittee

Contact newsletter@natucson.org

Outreach Subcommittee

Contact outreach@natucson.org for more information.

Phoneline Subcommittee

Contact phoneline@natucson.org

Public Relations Subcommittee

Meeting held on line, contact pr@natucson.org for details

Phoneline is looking for Spanish-Speaking volunteers to be of service! (phoneline@natucson.org)

AREA EVENTS & ACTIVITIES

Please check the website www.natucson.org for updates and more information



Activities Goes Bowling: 1st Sunday of the month, 4:30pm @ Golden Pins Lanes, 1010 W. Miracle Mile. \$1/game & \$1/shoes.



Medallion Night and Potluck: Last Monday of the month @ First United Methodist Church (915 E. 4th street). Show up at 7 if you are getting a medallion (1 year or more) meeting starts @ 7:30pm.



Monday Night Young People's Speaker Meeting: 3rd Monday each month.

Meeting Changes, Support, Service Opportunities

The Tuesday Night meeting in Sierra Vista has a new location effective November 1, 2016:

Sierra Evangelical Lutheran Church

101 N. Lenzner Ave.

Sierra Vista, AZ 85635.

The meeting is being held in the Fellowship Hall.

No changes to the time. It will remain at 7:30pm

New Meeting!:

Name: NOANDA (No Other Addict Need Die Again)

Evening: Wednesday

Time: 6:30 PM

Location: Fountain of Life Lutheran Church

710 S. Kolb

(Enter through gate on south side of parking lot, first door on right)

Format: JFT/ Speaker discussion 4th Wed.

Want to share your Experience, Strength, and Hope?

Submit your recovery related stories,

poems, jokes, etc. to:

RECOVERY IN ACTION

(newsletter@natucson.org)

Don't know what to submit?

Ask your Sponsor for ideas!

~ AREA EVENTS ~

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Submission Disclaimer: All material submitted becomes property of the Newsletter Sub-Committee and will be edited for content, length, and clarity of the NA message.