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October/November 2015

# RECOVERY *In Action*

Serving Southeastern Arizona

## ~ In Service of the Fellowship ~

Please support your  
NA Newsletter with  
submissions, feedback  
or suggestions.

Email them to  
[newsletter@natucson.org](mailto:newsletter@natucson.org)

You might not have noticed much in your first N.A. meeting, but there were probably chairs lined up in some fashion. (There might even have been coffee, though, not so much lately.) Someone passed out the readings. Somebody passed around the basket. Someone reported on fellowship activities, which somebody else had organized. There were likely flyers and newsletters available, all of which had been supplied by somebody. There might even have been somebody standing by the door greeting people as they entered the meeting.

Who are all these somebodies? Where do they come from? Why do they take the time to do these things — and others — for meetings. There are ample opportunities for service work in the Narcotics Anonymous fellowship. There are many different ways to support the recovery of others which, in turn, will support your own recovery.

You don't have to start with a big job. Every little bit helps in a fellowship where we rely on each other to keep the doors open. Show up early and ask the trusted servants if anything needs doing. Or stay late and help straighten the room for the next people to use it.

Listen for the announcement of activities and find something you would enjoy participating in. There's a good chance the event needs help in some way or other, before, during or after.

We keep what we have by giving it away, so every moment we spend in service to others in the program will be returned to us, often more than we can imagine.

Being of service will also strengthen your ties to the fellowship. As you contribute with others, the bonds will grow. When you need help, you'll find it among those with whom you have built connections.

Don't just show up at the last minute, sit in the last row, and duck out right after the closing circle. Take the time to give of yourself. The program, your recovery, and all your fellow addicts will benefit. And so will the world.

- John B.

~ An excerpt from the song  
"Partisan" by Katell Keineg ~

"A change of gear, a change.  
Are you hip to the grip, of the fellowship?  
We've been living in disillusion, now it's time to quit.  
I know change is hard, when the cage is barred.  
But this jail is of your making, so let down your guard.  
You might say we all feel, that we've had a raw deal.  
But we need you in the circle, it's a real emergency.  
We've got the rest of time, in our communal mind.  
With you, the possibilities begin to shine."

- Patrik F.

~ Once More ~

Destroyer of youth, opportunities spent  
oppositional forces that said what they meant  
when they whispered "once more" in my ear.  
When I shed yet another sweet tear.  
When I numbed all my pain and my fear.  
The pipe was down, the flame was gone  
I said no more, but I was wrong  
so many times before.  
No matter how I swore.  
So many pieces on the floor.  
So many times did I forget  
with coffee and a cigarette  
where I'd been, the pain endured  
a sickness looking for a cure,  
and always so unsure.  
and always such allure.  
And how I worried, how I cried  
and how I promised, how I lied  
and how I took it back  
and faded into black  
I tried so hard but couldn't cope  
I always turned again to dope  
I always turned to fear,  
that "once more" in my ear,  
another blackened tear,  
but now I turn to hope.

- Kati M.

*Upcoming Events in and around AZ*

**Bluesfest XXI.** October 18th at Kiwanis Park,  
6111 S. All American Way in Tempe. Speaker at  
10am, music starts at noon.

**Region 51 Convention of Narcotics Anonymous V.** October 30th - November 1st @ The  
Orleans Hotel & Casino in Las Vegas, NV. 4500  
W. Tropicana Ave. Call (800) 675-3267.

**The Southern California 9th Regional  
Cruise.** April 2nd - 9th, 2016. 7 day cruise to the  
Eastern Caribbean Sea. Leaving from Miami, FL.  
Apr. 2, returning Apr. 9, 2016 featuring stops in  
the Virgin Islands and Bahamas.

**Happy Birthday!**

**Proof that the program works!**

Trish P. ~ 10/01/2005  
Sean K. ~ 10/12/2012  
Denise S. ~ 10/22/2010  
James T. ~ 10/23/2013  
Michelle G. ~ 10/24/2010  
Julie T. ~ 10/30/2002  
Teri B. ~ 10/30/2012  
Wayne H. ~ 11/03/2008  
Randy E. ~ 11/03/2011  
Dan M. ~ 11/04/2006  
Kayla S. ~ 11/09/2011  
Belinda P. ~ 11/10/2005  
Meredith S. ~ 11/12/2014  
Josh S. 11/15/2012  
Andy C. ~ 11/17/1994  
David P. ~ 05/18/2014 (18 months)  
Judy C. ~ 05/22/2014 (18 mos.)  
Kirstin L. ~ 05/26/2014 (18 mos.)  
Emily S. ~ 11/26/2010

If you have a clean date birthday of one or more years,  
please email it to [Newsletter@natucson.org](mailto:Newsletter@natucson.org)

## **NEXT MONTH'S TOPIC!**

Our topic for our November/December newsletter is "Productive members of society". There are about as many ways to be a responsible, productive member of society as there are addicts. Some of us got started on this path as soon as we put down the drugs, while others took years. What have you done in your recovery to become this type of person, and what does this look like for you? We want to know! Please send submissions to newsletter@natucson.org.

### **~ SEAZNAC II Contact List ~**

#### **Chair**

contact Don B. at SEAZNACchair@natucson.org

#### **Arts & Graphics**

Contact John

B. SEAZNACgraphics@natucson.org

#### **Entertainment & Fundraising**

Contact Brian C. at

SEAZNACentertainment@natucson.org

#### **Hotel & Hospitality**

Contact Vernetta W.

at SEAZNACHospitality@natucson.org

#### **Merchandise**

Contact Janet H.

at SEAZNACmerchandise@natucson.org

#### **Programming**

Contact Connie L.

at SEAZNACprogramming@natucson.org

#### **Registration**

Contact Ruthie E.

at SEAZNACregistration@natucson.org

#### **Welcoming**

Contact..... at welcoming@natucson.org

## ***Subcommittee Service***

#### **SEAZNA Area Service Committee**

2 p.m. on 2nd Sunday of each Month  
Streams in the Desert Lutheran Church  
5360 E. Pima St. (west of Craycroft)

#### **Activities Subcommittee**

Contact activities@natucson.org

#### **Hospitals & Institutions Subcommittee**

12:30 p.m., Second Sunday of the month  
Streams in the Desert Lutheran Church  
5360 E. Pima St. (west of Craycroft)

#### **Mt. Lemmon Bash Subcommittee**

Contactbash@natucson.org

#### **Newsletter Subcommittee**

Contact newsletter@natucson.org

#### **Outreach Subcommittee**

Contact outreach@natucson.org for more information.

#### **Phoneline Subcommittee**

Contact phoneline@natucson.org

#### **Public Relations Subcommittee**

Meeting held on line, contact pr@natucson.org for details

*Phoneline is looking for Spanish-Speaking volunteers to be of service!  
(phoneline@natucson.org)*

*Public Relations is looking for paper route volunteers to help distribute meeting lists!  
(pr@natucson.org) or contact Brendan G.  
@ 520-312-3931*

# AREA EVENTS & ACTIVITIES

Please check the website [www.natucson.org](http://www.natucson.org) for updates and more information



**Activities Goes Bowling:** 1st Sunday of the month, 4:30pm @ Golden Pins Lanes, 1010 W. Miracle Mile. \$1/game & \$1/shoes.



**Medallion Night and Potluck:** Last Monday of the month @ First United Methodist Church (915 E. 4th street). Show up at 7 if you are getting a medallion (1 year or more) meeting starts @ 7:30pm. **Medallion Night is now upstairs, follow the signs.**



**Monday Night Young People's Speaker Meeting:** 3rd Monday each month.

October: Rebecca D.

## Tucson Area Meetings: Changes & Support

**NEW MEETING: A moment of Clarity** starts November 1st at 6:30pm, St. Mark's Church 1431 W. Magee Rd, Room 17 Southwest corner of Magee & N. La Canada

**NEW MEETING: Groundhog Group Extended** will meet at **11pm** on Friday nights at 2610 N. Stone Ave. Starting **August 14th, 2015.**

**Thursday Night: Mi Casa Su Casa** needs women for support, especially those who are willing to sponsor. Meeting is at **El Pueblo Neighborhood Center**, 101 W. Irvington Rd., #5A

**If your home group needs support, or if a new meeting is starting, please send the info to [newsletter@natucson.org](mailto:newsletter@natucson.org)**

Want to share your Experience, Strength, and Hope?

Submit your recovery related stories,

poems, jokes, etc. to:

**RECOVERY IN ACTION**

([newsletter@natucson.org](mailto:newsletter@natucson.org))

Don't know what to submit?

Ask your Sponsor for ideas!

## ~ AREA EVENTS ~

**Let's Kick off the Holiday Season with a speaker jam and pot luck!** Friday October 23rd at 6:30pm. Sahuarita Serenity Group presents an evening of fellowship, fun, and food, --please bring a dish to share! Sahuarita Baptist Church, 2875 E. Sahuarita Rd.

**AZ Regional Assembly.** Saturday, October 24th @ 9am. Saint Andrew Apostle Church, Sierra Vista 85635. Contact Ken at [RD@arizona-NA.org](mailto:RD@arizona-NA.org) or Steven at [RDA@arizona-NA.org](mailto:RDA@arizona-NA.org)



**SEAZNAC Fundraising presents: Halloween Masquerade Ball.** Saturday October 31st, Potluck, costume contest. Starts at 7 pm to Mid-night at Streams in the Desert Church. \$7 suggested donation.

**Thanksgiving in Benson.** Wednesday, November 25th, Episcopal Lutheran Church 730 Hwy 80, 7:00-8:30 pm. To sign up to bring a dish contact Kimberly S. at (520) 720-7717.

**Stuff-o-rama!** November 26th At 1:00 400 E. University blvd. food drop off 10:00am! Bring covered dish, will take uncooked turkeys on the 25th More info. Questions? Jody at 520-444-3364



**Submission Disclaimer:** All material submitted becomes property of the Newsletter Sub-Committee and will be edited for content, length, and clarity of the NA message.