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Mar/April 2015

RECOVERY

In Action

Serving Southeastern Arizona

The 5th Tradition

Please support your
NA Newsletter with
submissions, feedback
or suggestions.
Email them to
newsletter@natucson.org

I got clean because I had to, not because I wanted to. I am one of those who needed even stronger encouragement through jails. I am so glad that when I went to my first meeting on the outs; someone was there carrying a clear message of Narcotics Anonymous recovery. No one was trying to shove religion down my throat or talking politics. By focusing on the symptoms of the disease: denial, self-will, self-centeredness, and self-seeking behavior; I was now beginning to become accountable for my actions. I was able to sit in a meeting for myself and not for anyone else. The group is the vehicle that carries the message to still suffering addict and this addict doesn't always have to be a newcomer. The recovering addict is the ultimate weapon in fighting active addiction because we can see recovery can be achieved. The NA group's whole purpose is to focus on recovery and if we look at all of the other Traditions and Concepts we can find reference and validation with each other. The Narcotics Anonymous Primary Purpose" ...an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live..." is the Hope we carry to each other through our therapeutic valve one addict helping another. We can recover and stand on our own two feet with Unity called for in the First and Third Tradition. This Unity states we are a vast cross section of individuals for whom drugs became a problem and we don't care what you did or where you came from only in what you want to do about your problem and how we can help. The group on a whole has many duties. The group members are accountable to themselves and the group on a whole. Holding group service positions can be one of the most rewarding responsibilities whether it's making coffee or being a secretary or even setting up chairs. One way the Group can be accountable is to sponsor the newcomer until they are able to find a sponsor for themselves. Another is to communicate with other groups at Area Service Committee meetings and Regional Assemblies by sending a GSR for whom they have elected to be their trusted servant. Together we can do so much more for each other than alone by solving problems that other groups may have encountered. GSRs are encouraged to attend and serve on various committees, forums, and assemblies to share, nourish, inform, and support the two-way relationship between the group and the service system. As our literature states, the groups have formed a service structure that maintains service on its behalf and is responsible to those they serve. The group has final responsibility and authority for the services it gets provided Public Relations, Activities, Literature, Conventions, and Conferences. We must remember to stand up for the principles we have learned in these Steps and Traditions or Traditions and Concepts as we apply them to ourselves and with our relationships. As much as the Steps have helped me with me; Traditions help me with relationships as Concepts with Service in all of my affairs. The Service work I provide in different parts of the service structure have helped me with groups and organizations outside the fellowship whether it be work, family, or the general population. I have received this message of recovery though the group and it has changed my life so much that I keep giving it away. I suggest you get involved for yourself and you will not be disappointed.

I owe my new way of life to NA, 'Definitely'

- Steve S.

NEXT MONTH'S TOPIC!

The topic for our April - May newsletter is: Willingness. What lengths are you willing to go to in order to stay clean? What areas of your life have you struggled with willingness, and how did you overcome your fears? How has your willingness to take suggestions helped you in your recovery? We look forward to hearing your experience, strength, and hope on this topic!

~ Learning to Share ~

I was broken, unable to cope
I sold my self and soul for dope
I died a thousand deaths a day
And prayed for each to take me away
And every time the sun would rise
I knew no one had heard my cries
So in the darkness, home I'd crawl
Til memories fade and night would fall

The all at once, I seemed to gleam
A glimpse of someone else's dream
A life where tears would cease to fall
And death would ease its relentless call
So as if crawling from my tomb
I walked into the strangest room
Where strangers talked and smiled and shared
And someone first told me that they cared

In this strange room I learned to feel
My first true sense of something real
I learned to talk and smile and share
And most of all I learned to care
And now that I can care again
I learned to share that with a friend
So maybe one day they can be
Clean, serene, completely free

- Kati M.

Happy Birthday!

Proof that the program works!

Amy B. ~ 03/02/2010
Vernetta W. ~ 03/03/1991
Paul L. ~ 03/07/2007
Shawndel P. ~ 09/10/2013 (18 mos.)
Shannon B. ~ 03/17/2008
Jackie S. ~ 03/19/2007
Pierre A ~ 03/20/1985
Alec S. ~ 03/20/2013
Arnold M. ~ 03/23/2010
Mariel M. ~ 03/23/2013
Ben K. ~ 03/24/2013
Michelle A. ~ 09/24/2013 (18 mos.)
Tommie C. ~ 04/01/2005
Rebecca D. ~ 04 /01/2013
Monica J. ~ 04/02/2014
Ilene Y. ~ 04/03/2014
Jim B. ~ 04/06/2010
Terry P. ~ 04/07/1996
Logan M. ~ 04/10/2005
Teresa B. ~ 04/12/2011
Chris P. ~ 04/13/1989
Marquie W. ~ 04/15/2013
Doug M. ~ 04/21/2014
Paula D. ~ 04/22/2006
Tina H. ~ 04/22/2007
Steve S. ~ 04/26/2002
Melissa L. ~ 04/27/2013
Bill P. ~ 04/30/2013

If you have a clean date birthday of one or more years, please email it to Newsletter@natucson.org

SERVICE *In Action*

SEAZNAC I - Be of Service!

Meeting Schedules

SEAZNAC Meeting

contact Ken P. at SEAZNACchair@natucson.org

Arts & Graphics

Committee meets 3rd Thursday of every month, 6 p.m. at Starbucks on Speedway & Country Club, 3025 E. Speedway Blvd. Contact Dan J. SEAZNACgraphics@natucson.org

Entertainment & Fundraising

Contact Bill M.

at SEAZNACentertainment@natucson.org

Hotel & Hospitality

Contact Ward S.

at SEAZNACHospitality@natucson.org

Merchandise

Contact Connie L.

at SEAZNACmerchandise@natucson.org

Programming

Contact Tommy C.

at SEAZNACprogramming@natucson.org

Registration

Contact Laurie N.

at SEAZNACregistration@natucson.org

Welcoming

Contact Edmund at welcoming@natucson.org

Subcommittee Service

SEAZNA Area Service Committee

2 p.m. on 2nd Sunday of each Month
Streams in the Desert Lutheran Church
5360 E. Pima St. (west of Craycroft)

Activities Subcommittee

Contact activities@natucson.org

Hospitals & Institutions Subcommittee

12:30 p.m., Second Sunday of the month
Streams in the Desert Lutheran Church
5360 E. Pima St. (west of Craycroft)

Mt. Lemmon Bash Subcommittee

Contact bash@natucson.org

Newsletter Subcommittee

Contact newsletter@natucson.org

Outreach Subcommittee

Contact outreach@natucson.org for more information.

Phoneline Subcommittee

Contact phoneline@natucson.org

Public Relations Subcommittee

Meeting held on line, contact pr@natucson.org for details

***Phoneline is looking for Spanish-Speaking volunteers to be of service!
(phoneline@natucson.org)***

***Public Relations is looking for paper route volunteers to help distribute meeting lists!
(pr@natucson.org) or contact Brendan G.
@ 520-312-3931***

AREA EVENTS & ACTIVITIES

Please check the website www.natucson.org for updates and more information



Activities Goes Bowling: 1st Sunday of the month, 4:30pm @ Golden Pins Lanes, 1010 W. Miracle Mile. \$1/game & \$1/shoes.



Medallion Night and Potluck: Last Monday of the month @ First United Methodist Church (915 E. 4th street). Show up at 7 if you are getting a medallion (1 year or more) meeting starts @ 7:30pm.



Monday Night Young People's Speaker Meeting: 3rd Monday each month.

March: Don B.

April: Kati M.

Want to share your Experience, Strength, and Hope?

Submit your recovery related stories, poems, jokes, etc. to:

RECOVERY IN ACTION

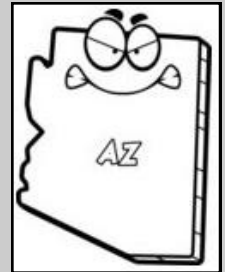
(newsletter@natucson.org)

Don't know what to submit?

Ask your Sponsor for ideas!

~ AREA EVENTS ~

28 March, 9am, AZ Regional Assembly Hillside Church of God, 937 E. Ruth St., Prescott 86301. Everyone is welcome and encouraged to attend!



Upcoming Events in and around AZ

MACCNA VI in Yuma: March 13th - 15th, 2015. "Simplicity is the Key", the 6th Mexico Arizona California NA Convention is in Yuma at the Shilo Inn Suites & Hotel.

March Metal Madness: March 22, 10am Tempe, Arizona. Speaker starts at 10am, music starts at noon. Kiwanis Park at the Sister Cities Pavillion. Speaker, live music, food, raffles.

ARCNA XXIX Speaker Jam: April 18th, Jerome Arizona, 10am to 6pm. Four speakers, hamburgers and hotdogs, raffles, more..Spook Hall, 260 Hull Ave.

ARCNA XXIX in Phoenix: May 22nd - 24th, 2015. "Out of the Darkness" Double Tree Resort by Hilton Hotel Paradise Valley, 5401 N. Scottsdale Rd. Scottsdale, Arizona 85250

Sedona Campout: June 5 -7. \$35 More info soon.



5th Annual Deep South Campout: April 24th - 26th at Parker Canyon Lake.

(Steven.servant.az@gmail.com)

For more info.

SEAZNAC I

July 3rd - 5th, 2015.

For more information, visit:

<http://natucson.org/convention>



Alive and Free is moving from 8pm to 7:30pm beginning March 1st.

We Do Recover in Sierra Vista is at 7pm on Fridays (this meeting is *open*), and 7:30pm on Saturdays (this is a *closed* meeting).

Thank you

Thank you to everyone who made our Spaghetti Night and Speaker Jam a success!

Submission Disclaimer: All material submitted becomes property of the Newsletter Sub-Committee and will be edited for content, length, and clarity of the NA message.