

SEAZNA H&I Meeting Format

Welcome to the Hospital & Institution's Meeting of Narcotics Anonymous. My name is _____ and I am an addict. Please help me open the meeting with a moment of silence followed by the Serenity Prayer.

This is an H&I meeting. Hospital and Institution's is a subcommittee of Narcotics Anonymous Area Service. The purpose of this meeting is to carry the message of recovery to addicts who do not have full access to regular NA meetings. NA recovery is available to all addicts regardless of drugs used.

We will now read excerpts from the little white book of Narcotics Anonymous. I have asked someone to read:

Who is an Addict

What is the NA Program

Why are we Here

How it works

(Optional) What Can I Do - If you would like to read, please introduce yourself, read a portion, then pass it on

Thank you to all who have read

You have heard the words 'God' and 'Higher Power' in our readings and will likely hear them again as we share in this meeting. These concepts sometimes make addicts who are new to Narcotics Anonymous uncomfortable. We want to remind you, NA is a Spiritual, not Religious program. We encourage you to keep an open mind and to understand in Narcotics Anonymous you have the freedom to find a Higher Power that works for you.

We want you to know, no one person speaks for Narcotics Anonymous. If you hear something during our individual sharing you disagree with, please remember, each of us is sharing our own experience, strength, and hope. The program of NA and the foundation of Narcotics Anonymous recovery can be found in our 12 Steps and 12 Traditions. We invite you to learn more by reading the NA literature we have brought with us.

Our speaker is _____ Introduce speaker.

(or) Our topic is _____ Begin reading from our literature.

(If time allows) We still have time and can now open the meeting for sharing. Please share regarding the hope you might have heard from today's speaker, our readings, or other recovery based topic.

We are about out of time are there any burning desires?

Thank you for choosing to attend a Narcotics Anonymous meeting.

Please help us close the meeting



Narcotics Anonymous

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